[Date]

RE: [Participant Name]

To Whom It May Concern,

At physician’s request, [Participant Name] attended a diabetes self-management education class on [Class Date]. In addition to class, the program consists of follow-up appointments every three months for lab work.

[Participant Name] attended a follow-up appointment on [Follow-Up Date]. We encourage participants to commit to their follow-up appointments for a better result in this program. An individual consistently monitoring his or her blood sugar can lead to better health, therefore decreasing lost days of work and leading to higher work productivity.

If we can be of further assistance or if you have any questions, please call (361) 561-8584.

Sincerely,

Delia Martinez

Health Education Coordinator