

GESTATIONAL DIABETES GLUCOSE LOG

Patient Name:	Date:		
Date of Birth:			

Date	Before Breakfast (fasting)	1 Hour After Breakfast	Before Lunch	1 Hour After Lunch	Before Dinner	1 Hour After Dinner
		<u> </u>	100 1			
GOALS	<90 before meals		< 120 after meals			

healthytexas.tamu.edu 10.19.16